From The Principal

Having completed the first full two weeks of the year and the first cycle of the 20 timetable rotations for the year, it is pleasing to report that virtually all students have settled in well to their class routines and are actively engaging with their learning programs.

From day one, the teaching and learning program has been underway, this is testament to the hard work of teachers in preparing prior to the commencement of the school year. The outstanding work of senior staff in putting in place all the organisational arrangements to facilitate a smooth and effective start to the school year have also enabled the school to quickly get on with the job.

I have included a small article in this newsletter for students which may be of assistance for those who have made a new year’s resolution to improve their efforts at school.

School Themes

To endeavour to further enhance student awareness of those things that contribute to a compassionate, effective and productive society, we have introduced some themes to provide a focus for our day to day operations here at school.

Our theme for the first two weeks of the year has been “being polite and courteous”. Our theme for this week has been “our land, our future”. This will culminate with Friday’s school grounds clean up, as part of national Clean Up Australia Day.
Our theme for the next two weeks is “showing respect and working together”.

**END OF DAY PARKING AND COLLECTION OF STUDENTS**

As many parents may be aware, there appears to have been an increase in the number of students who are being collected in cars at the end of the school day.

To enable the safe departure of students from the school grounds, it would be appreciated if all parents could refrain from driving their cars into the upper school car park. The only exception to this would be to collect those students who may be on crutches or have some temporary mobility issues.

This measure will ensure that students can exit the school buildings without having to stop as cars exit the car park. Cars exiting the upper car park also interfere with cars entering the school roundabout and often turn across traffic turning right into the school.

As an alternative, it would be appreciated if parents could collect their children from the lower grassed area or if there is room, by parking on the left hand side of the turning circle. Alternative pick up points such as the upper Clarence Pool car park over the Tasman Highway or over the Lindisfarne overpass in Yolla Street could also be an alternative.

Parents should note that the left hand side of Kooota Road on approach to the school and opposite the school buses is a No Standing Zone. The sign indicating this is currently missing from the corner adjacent to the school but will be replaced in the very near future. Any car standing on this corner forces cars entering the school onto the wrong side of the road and into the path of departing school buses.

Your assistance with these changes will hopefully ensure that the increase in cars can be accommodated without any further measures and our student’s safety can be maintained.

We are also investigating the construction of a new path to facilitate easier and safer access to the bottom oval.

To give parents time to discuss this with their children, these changes will come into effect on Tuesday, March 11, 2008

**UNIFORM SHOP**

I would like to pass on my sincere thanks to Jane Menzies and her family for their outstanding service to the school in facilitating the sale of school uniform to parents at the commencement of the year. Jane, as our Uniform Shop Coordinator undertakes this role in a purely voluntary capacity. Without this commitment, the parent community couldn’t benefit from the economies that are achieved by a ‘school based’, ‘non profit’ operation.

Jane was also ably assisted at the start of the year by a number of other parents and community members. Special thanks goes to: Jill Foster, Vicki King, Sandra Foreman, Janet Palfrey, Catherine Adams, Fiona Hay, Robyn Toigo, Pieta McKay, Chrystal Thompson, Elaine Boxhall and Jenny Manning.

**SCHOOL ASSOCIATION**

Unfortunately, at the end of last year when nominations were requested for vacant positions on the school association, we received no responses from the parent community. I have enclosed in this newsletter a reprint of the nomination form. It should be noted that parents can equally represent the community as a member of the school association and shouldn’t feel limited by this category of membership.

**REDEVELOPMENT STAGE 2**

As some parents will be aware $3.38 million dollars has been allocated for Stage 2 of the school’s redevelopment. It wasn’t anticipated that work would commence until the new financial year, however, preliminary funding has been
provided to ensure that construction work can commence by the summer holidays at the end of this year. It is anticipated that staged work would continue throughout 2009 ready for completion in the Christmas break prior to the commencement of 2010.

This project will provide ‘state of the art’ science laboratories and improved classrooms on the top floor of C Block, and new classrooms and a specialist Drama area in the middle of B Block.

Stephen Mannering
Principal

CONGRATULATIONS TO THE FOLLOWING STUDENTS ON THEIR SPORTING ACHIEVEMENTS:

Jess Sault (8A) played in the Tasmanian Women’s U14 Indoor Hockey team that played at a Championship in Woolongong earlier in the month.

Erica Hutchinson (10A) competed in the Tasmanian U16 Softball team which came 5th in the National Championships in Adelaide in January.

Lyarna Graham (10E) and Trent McLaughlin (9C) both had outstanding successes at state swimming meets during the holidays, posting National Standard times in their events.

Teegan Roy (8A) has been selected to play in the Tasmanian Women’s U15 soccer team at the National Championships later in the year.

Nick Mears (7A) and Mitchell Stalker (7A) who were members of the State U13 Futsal team that participated in the National Championships in Canberra.

Martyn Allison (9B) on his selection in the State U15 TIS Football Development Squad and on his inclusion in the Southern Swans U15 squad.

Jake Jenkins (9F) who has also been selected in the Southern Swans U15 squad.

Well done all of you, and good luck to those who are still to compete.

Oklahoma
We congratulate, and wish luck to, Oliver Reading (10A) and former students, Barnett, Ashleigh Boxhall and Niyama Kay, who are performing in Oklahoma this week. Break a leg, guys.

2008 SCHOOL IMMUNISATION CAMPAIGN

As per the Dept of Health & Human Services Immunisation Schedule for Children in Southern Tasmania 2008, the following immunisations will occur this year:

Grades 7, 9 & 10 (girls only) for Cervical Cancer (HPV)
Grade 10 (all students) for Diphtheria, Tetanus & Pertussis (Whooping Cough)

Consent cards were sent home with students this week and should have been returned to the school by today (Friday 29th February). If cards have not yet been returned it is not too late!! Get it back to the school office on Monday 3rd March and your child will be on the immunisation list.

Please remember, late returns may be refused by the Clarence Council and parents/carers will have to make arrangements with their own doctor for the immunisations to occur.

LOCAL CHAPLAINCY COMMITTEE

Rose Bay High has been pleased to welcome our new Chaplain, Chrystal Thompson to the school. She will be working in the school on Thursdays and Fridays each week and will be running a range of programs for interested students.

The chaplain’s work is overseen and supported by a Local Chaplaincy Committee made up from members of the local church community, parents and teachers. Responsibilities of this committee include but are not limited to:

• Approving and providing advice regarding the chaplaincy program implemented in the school by the chaplain
• Managing the chaplaincy service
• Providing primary pastoral care of the chaplain
• Supporting the development of chaplaincy related skills by recommending professional
development and ensuring that the chaplain takes advantage of appropriate offerings

• Keeping local churches informed of the work and its needs

• Approving support personnel such as visiting speakers, musical artists, etc. that the chaplain wishes to use in their program

• Contacting the School Principal for monitoring the progress of the work

• Preparing annual reports and performance appraisals

Any parents or community members who would like to be involved in this program by joining the Rose Bay High School LCC are invited to contact Kristina Brown (Assistant Principal) during school hours.

**UNIVERSITY OF NEW SOUTH WALES SCIENCE COMPETITION**

This is a prestigious competition which is run all over Australia, New Zealand and Oceania with tens of thousands of students participating. It will be run on Thursday May 1 at the school. Each student will get a participation certificate and those who do well will receive other certificates.

The cost is $6.60. If your child is interested ask them to get further details from their Science teacher. Entries close on Friday March 7.

Mark Dickenson AST Science

**EASTER RAFFLE**

Raffle tickets have been given to all students today as part of the School Association fundraising effort for 2008. Tickets are $1.00 each. There are 10 tickets in each book.

1\textsuperscript{st} prize – Giant Easter Egg Hamper
2\textsuperscript{nd} & 3\textsuperscript{rd} Prizes – Large Easter Hampers
4\textsuperscript{th} – 10\textsuperscript{th} Prize – Easter Surprises

All books must be returned by Tuesday 18 March whether sold or not.
All students who return sold books will be in the draw to win movie tickets. The first lucky seller winner will be drawn on Friday 7 March and the second on Friday 14 March so make sure you get your tickets back early to increase your chances. There will also be a prize for the student who sells the most tickets. More raffle books are available from Mrs Cash. Thank you for supporting this school fundraiser – Good Luck.

**SCHOOL SPORT UPDATE**

There have been a number of queries since the last newsletter regarding dates for school sport. The following is a list of dates we have received so far:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>22 Feb to 14 March</td>
<td>Cricket Grade 7 Boys</td>
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<tr>
<td>4 March</td>
<td>High School Surf League</td>
</tr>
<tr>
<td>20 March</td>
<td>9:30am-12:30pm Swimming Carnival</td>
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<tr>
<td>30 March</td>
<td>One Day Event-Equestrian</td>
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<tr>
<td>2 May to 29 August</td>
<td>Badminton:</td>
</tr>
<tr>
<td>3 May to 23 August</td>
<td>Winter Hockey</td>
</tr>
<tr>
<td>4 July to 5 September</td>
<td>Girls Soccer</td>
</tr>
<tr>
<td>1 July</td>
<td>All Schools Cross Country</td>
</tr>
<tr>
<td>9 July</td>
<td>1:15pm-3:00pm Cross Country Carnival</td>
</tr>
<tr>
<td>21 &amp; 22 October</td>
<td>Athletics Carnival</td>
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</tbody>
</table>

Below are some upcoming sports and activities for each term which we have yet to receive details for:

**Term 1:** Surfing Championships, Basketball, Water Polo, Indoor Cricket, Schools Diving Championships.

**Term 2:** Water Polo (continued), Netball, Basketball, Indoor Cricket, Kickboxing.

**Term 3:** Basketball Championships, Touch, Summer Hockey, Cricket, Indoor Cricket, Futsal, Softball, Athletics Schools Knockout, Netball, Coach Approach.
*Please note that the above upcoming sports and activities are based on events in 2007.

Students must listen to the daily bulletin and regularly check the Sports Notice Boards located outside B14 and in the Gym, as this is where all sports and activities are advertised.

If you would like further information about School Sport, please do not hesitate to contact the Sports Co-ordinator, Amy Mourant, during school hours on 6243 8511.

**Lunch-time Sport**

Each term Rose Bay High School runs rostered lunch-time sport and for this term it is Basketball. There are a total of 10 teams entered into the roster which runs over a 6 week period. Good luck to all teams!

---

**CrossWiReD**

Eastern Shore Youth Group  
Grades 7-10

**TERM 1 PROGRAM (until Easter)**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>22 Feb</td>
<td>HUMAN PINATA</td>
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<tr>
<td>29 Feb</td>
<td>PIZZA MAKING</td>
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<tr>
<td>7 March</td>
<td>PHOTO RALLY</td>
</tr>
<tr>
<td></td>
<td>We will be walking around the Bellerive bluff area – pick up and drop off from the hall as usual.</td>
</tr>
<tr>
<td>14 March</td>
<td>MICE MAZE</td>
</tr>
<tr>
<td></td>
<td>First offer gets to keep the mice!</td>
</tr>
<tr>
<td>21 &amp; 28 March</td>
<td>School Holidays – no youth group</td>
</tr>
<tr>
<td></td>
<td>We may be organizing a LAN party during the Easter holidays</td>
</tr>
<tr>
<td>4 April</td>
<td>BACK ON AGAIN ...</td>
</tr>
</tbody>
</table>

Bellerive Anglican Church Hall, Corner of Clarence St & Scott St  
Fridays 7-9pm, term time: gold coin donation.

There are also groups for Grades 3-6 at Bellerive and at Rokeby.  
For further information about the youth group program please call  
**Jono Le Bis: 0405 904 110 - jonolebis@netspace.net.au**  
Vic Panne-Rokeby (0400 312055), Elizabeth Schulz-Sorell (6265 2276)

*This group is supported by the Anglican Parishes of Bellerive, Sandford & Sorell*
STARTING THE YEAR WITH THE RIGHT STUFF

How successful your year will be is in your hands. What is your year going to be like?

As a student, your best motivator is yourself. You are in charge of your attitudes and habits. Here are some proven ways to start the year with the right stuff so you can achieve the success you are capable of.

1. Get serious. Make the decision to give this year your absolute best effort. Decide that you are going to give 100% in all your work. Get serious and don’t mess around anymore.

2. Identify your ‘Limiting Step’. What’s your limiting step? What’s the most important this that is holding you back. Ask your teachers, particularly those who know you well to help you find out what you need to be good at, in order to move forward. It could be, keeping your work more organised, understanding key concepts, using your class time more productively or simply asking for help when you get stuck. Try to identify what’s holding you back, what’s your critical limiting step that’s an obstacle to your success.

3. Spend time with the right people. Who are the right people? The right people are those who work hard in class, who pay attention when the teacher speaks, those who get their work done, and those who ask questions and take an active part in their lessons. These people are the achievers; they are the students who have learning goals and set themselves high standards. Set an example for your friends and hopefully they might get the message too.

4. Take excellent care of your health. Take excellent care of yourself. Have a good diet, exercise regularly and get plenty of sleep. As a teenager, your body needs more sleep now than at any other time of your life. Getting to school on time and not being absent may be all it takes for you to step up your results from unsatisfactory to satisfactory.

5. Positive visualisation. Picture yourself as the very best in the class. Like a sports star, all improvement in your life begins with an improvement in your mental picture. Visualise yourself as the best you can be.

6. Positive self-talk. Talk positively all the time. Say to yourself, “I can be good at this, I can do this. This is a challenge but I’m sure I’ll succeed in the long run”. Learning is meant to be a challenge, if we knew the answers we wouldn’t be learning. Where you’re going in the future is up to you. Begin with positive self talk.

7. Write down your personal goals for the year. Setting goals gives you focus and purpose. Write them down and keep them with you. Put them in your planner as a reminder of what you aim to achieve. Goals shape decisions and help you change and grow. Discuss strategies to achieve your goals with your family, teachers and trusted friends.

8. Positive action. Get going. Get on with it. Develop a sense of urgency for your work, this will help to separate you from those who are taking their time at the moment and don’t seem to care about their futures. When you have a task get on with it. Once a task is completed to the best of your ability, no one can ask for more. Positive action will make you successful and after being successful, no one wants to be second best.

Make this year your best year yet!

Adapted from Self-Motivators by Brian Tracy, Success Mastery Academy
Parental involvement in school affairs makes for quality student outcomes.

In accord with the Education Act - Rose Bay High School calls for the nomination of parent and community members to:

THE SCHOOL ASSOCIATION Inc.

Nominations are called for parent and community members of the School Association Committee.

- Would you like to know more about how the school runs?
- Have a say in the development of school policy?
- Hear the reports from the principal on school activities?
- Run events that enhance the quality of the education your children receive?
- Raise funds for the school?
- Meet other parents and friends of the school?

PUT YOUR NAME FORWARD NOW

<table>
<thead>
<tr>
<th>Name</th>
<th>Contact details (address phone and e-mail if available)</th>
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Seconded by a fellow member of the school community

<table>
<thead>
<tr>
<th>Tick representative area</th>
<th>Community Member</th>
<th>Parent Member</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent of Student</td>
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Return this form to the school office, Kaoota Road, Rose Bay addressed to attention of the Returning Officer School Association by Friday the 14th of March 2008.

For further information contact current School Association Chairman George Bills on H (evenings) 62443181 or School Principal - Stephen Mannering 62438511

NB: There are three parent member vacancies and one community representative vacancy.
Select Academy

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Or
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Under 14 Football
Lindisfarne Junior Football Club
Any player interested in playing Under 14 football with Lindisfarne Junior Football Club is welcome to attend training on Tuesday and Thursday afternoons from 4:30 – 5:30 at Geilston Bay High School.

Enquiries phone Trevor Morton 6243 6967.

Lindisfarne Junior Football Club
Club Registration Day Saturday March 1 at Bellerive Beach from 2.30pm for a 3.00pm start, fun run and sausage sizzle. All continuing and new players invited along.
Training dates and times:
U/8:Thursday Feb 28 4.00pm to 5.00pm
U/9:Thursday Feb 28 4.30 pm to 5.30pm
U10:Thursday Feb 28 5.00pm to 6.00pm
U/11 Thursday Feb 28 4.30pm to 5.30pm
U/12 Already started training
U/13 Already started training

All training will be held at Geilston Bay High School
Please contact the Registrar Natasha Bannerman on 0409350638 if you have any questions

Clarence Council Youth Services
Grade 5 – 8 Recreation Programs
Where: Clarence Plains Youth Centre
6 Grange Road, Rokeby
When: Mondays
Time: 5:15pm till 6:45pm

Where: Risdon Vale Community Hall
Sugar Load Road, Risdon Vale
When: Tuesdays
Time: 5:15pm – 6:45pm

Where: Warrane/Mornington Neighbourhood Centre
150a Bligh Street, Warrane
When: Thursday
Time: 5:15pm – 6:45pm

Recreation programs are fully supervised by Youth Workers. Donation for each program – 50 cents per night or $1 for 3 nights. For more information please call 6247 1230.

activities and heaps more! Phone Alison Jackson on 62 658 192 for further details or a registration form.
www.bluelagoon.org.au
<http://www.bluelagoon.org.au>